

HAWAII ALL-STARS AZ

POLICY

&

FINANCIAL

HANDBOOK

2024-2025

WELCOME TO HAWAII ALL-STARS!

Hawaii All-Stars was founded in 2010 by owner and head coach Kealii Molina. Hawaii All-Stars was built on the idea of teaching life lessons through cheerleading. We focus on hard work, dedication, sacrifice and determination. Although winning is great, we prefer to focus on the lessons we can teach through every day hard work, perseverance and competition. We believe that each of our athletes are so much stronger than they think they are and that they can also do so much more than they believe.

We are excited that you have chosen Hawaii All-Stars and we cannot wait for you to see what your athlete will accomplish this season.

**WORK HARD IN SILENCE AND LET
SUCCESS MAKE THE NOISE...**



Address:
HAWAII ALL-STARS
3820 S PALO VERDE ROAD, SUITE 108
TUCSON, AZ, 85714

PHONE:
808-269-1066

EMAIL:
info@hawaii.az.com

WEBSITE:
hiallstarcheer.com

Please follow us online:

BAND:
HI-AZ Parent Fam Band



INSTAGRAM:
[@hawaii_all_stars_az](https://www.instagram.com/hawaii_all_stars_az)



[@HAWAII_ALL_STARS_AZ](https://www.instagram.com/hawaii_all_stars_az)

TEAM PLACEMENT

All athlete's are placed on a team at the discretion of the coaches/owner. Age, experience, maturity, work ethic, past attendance and ability all factor into placement. Please understand that athletes may be repositioned, moved, or replaced at any time at the discretion of the coaches/owner. Any changes are made to benefit the team as a whole. Please remember, although athletes may have the skills necessary to be on a higher-level team, they may not be moved up. **MATURITY, WORK ETHIC, and ATTITUDE** (including parents) are huge factors. Even though everyone makes a team, do not expect to make a specific team/level. Hawaii All Stars Arizona has had great success in our 1st season and we hope to continue that into our 2nd season!



SKILL LEVEL GUIDELINES

Level 1	0 Experience - Back & Front WO
Level 2	All Level 1 + Standing BHS, BHS Series, WO to BHS
Level 3	All Level 1&2 + Tucks
Level 4	All Level 1,2&3 + Standing Tuck, Layouts, Whip Connections
Level 5	All Level 1,2,3 & 4 +Single Full

AGE GRID

2024-25 Season	DIVISIONS	USASF ATHLETE BIRTH YEAR <i>(*x* indicates eligible for that division)</i>																			APPROX AGES				
		2004 or before	1/1/05- 5/31/05	6/01/05- 12/31/05	2006	1/1/07- 5/31/07	6/01/07- 12/31/07	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	1/1/19- 5/31/19	6/1/19- 12/31/19		2020	2021		
ELITE CLUB	Senior Open (L4-5)	x	x	x	x	x																		18+	
	Senior & Limited (L6)			x	x	x	x	x	x	x	x														14-19
	Senior (L1-5)			x	x	x	x	x	x	x	x	x													13-19
	Junior (L4-6)								x	x	x	x	x	x	x	x									9-15
	Youth (L1-5)											x	x	x	x	x	x								8-12
	Mini (L1-2)														x	x	x	x							7-9
	Tiny (L1)																x	x	x	x					6-7

**OWNER & COACHES HAVE THE FINAL SAY ON
TEAM PLACEMENT BASED ON TEAM NEEDS.
YOUR OPINION IS JUST THAT.**

PRACTICES

All Hawaii All-Star Practices Are Closed!

No Parents or Friends are allowed in the gym, this is non-negotiable. We treat the gym like you would a school. Drop off and pick up ONLY. **If you have questions, these can be asked AFTER practice/privates have finished.**

Attendance is crucial to team success. **An “Absent Request” form must be filled out two weeks prior to the missed practice.**

No practice can be missed two weeks prior to a scheduled competition or performance. If you do miss a practice you will be fined an additional \$100.00 per practice missed.

THERE ARE NO VERBAL AGREEMENTS.

1. All teams will have at least 2 practices a week. During competition season please expect that there will be added practices at no charge to you. Days/Times may and do change.
2. All practices are mandatory (except for, but not limited to fever, vomiting, death in the family, and school functions that affect grade). We will not approve absences from mid November (unless the reason is listed in the “excused” list).
3. If you are going to be missing a practice (not due to illness) you **MUST** fill out an absence request form. If a form is not filled out, it will be considered an unexcused absence. **All missed practices will result in 100 burpees (except for illness)**
4. Unexcused absences will incur a \$25.00 fine. Three (3) unexcused absences could result in the possible removal from Hawaii All Stars Arizona or being moved into an alternate position.
5. Tardiness will not be tolerated. Athletes will condition with 10 burpees for every minute they are late. We are trying to teach your athletes life skills.

6. Door will be locked once warm up starts and opened when teams are dismissed.

7. Practice Uniforms/Bows/Shoes are required at every practice, not your own hairstyle. **Dressed incorrectly for practice will result in 100 burpees.**

Practice wear =

Hawaii All Stars T-shirt (Red 1st practice, Yellow 2nd)

Optional Hawaii All Stars Sports Bra under t-shirt

Black shorts (no skirts or other colors) such as Nike Pro

8. **If an athlete has an accident on the floor or in the bathroom, the Parent must come in to clean it.**

EXCUSED ABSENCE

Contagious Illness (Doctors note required on return)

School function that affects grade

Death in the family

Vacation during the summer (June-July)

UNEXCUSED ABSENCES

School Dances/Prom

Traffic

Weather

Too Much Homework

Feeling Tired

Don't Have a Ride

Drivers Education

My Hair is in a Knot

Family Photo's

Birthday's

Alleged Injury (but really on vacation)

My Braces are Hurting

If you are found to be lying about an absence, your athlete will be removed from Hawaii All Stars Arizona.

TARDIES

DON'T BE LATE! **On time is late. You're on time if you're 15 minutes early.** If you are going to be late please call and inform your coaches as soon as possible.

GYM CLOSURES

JUNE 17-JULY 7

OCTOBER 31

NOVEMBER 28 - 30

DECEMBER 1

DECEMBER 23-31

JANUARY 1

MARCH 25-28

VACATIONS

If you are taking a summer vacation, you are still responsible for your tuition. You are paying for your spot on the team and tuition will *not* be pro-rated. Any summer vacations must be in writing 2 weeks prior to the missed practice(s). Vacations will **NOT** be approved during competition season (mid November onwards), unless the gym is closed or the athlete has already cleared it with his or her coaches **per approved Absence Request Form**. These are located online at hiallstarcheer.com. Please email Simon about any vacations.

INJURIES

If an injury should occur, it is the responsibility of the parent to seek professional help. We will call parents to advise. We will only call an ambulance without prior approval if an athlete is knocked out or we suspect a spinal injury. Each athlete must have his/her own medical insurance. After seeing a physician, please provide Hawaii All Stars Arizona with a physician's evaluation of the athlete's injury/status. A release from the doctor is required if a serious injury should occur. **Your child will not be allowed to take the floor if this is not received, however they are still expected to attend all practices to support their team.** We do not accept notes from chiropractors and parents! If you are injured during competition season your spot in the routine may be filled by a teammate or alternate.

CONCUSSIONS

If a concussion should occur we must receive a doctor's note. Athletes will sit out and/or be replaced until a doctors/athletic trainers note is received clearing the athlete. Athletes will have zero involvement and will not be allowed to touch the floor until proper paperwork is received. Athlete may not be placed in the same parts of the routine upon return for their safety.

TUMBLING CLASSES / PRIVATES

Throughout the season there will be opportunities for your athlete to sign up for privates/classes, payment is in cash direct to the coach.

If you sign up and do not show up you *will be invoiced for that private lesson*. **NO EXCUSES!** If an athlete has 2 no call, no show then the athlete will not be allowed to take privates for 30 days. Do not waste our coaches time.

SOCIAL MEDIA

Please remember when posting on Social Media that everything posted can (and will) get back to Hawaii All Stars Arizona coaches and owners. If you are caught posting anything negative online, the athlete and team will be responsible and given conditioning. We are one team.

Please check your athletes social media accounts. To make sure they are protected, we recommend that all athletes accounts should be private and if possible monitored by a parent.

Anyone caught cyber bullying will be talked to and could possibly be removed from Hawaii All Stars Arizona. We do not tolerate this behavior.

Videeing of routines and posting on any social media is NOT allowed. *At Hawaii All Stars gyms we keep our routines private until we compete as we have had gyms copy the choreography that you pay for.*

2024-2025 *TENTATIVE* COMPETITION SCHEDULE

ATC Phoenix
(Bid Qualifier)
December 7, 2024
Phoenix, AZ

JamFest!
(Bid Qualifier)
February 15, 2025
Tempe, AZ

VOS Candy Cane Classic
December 13, 2024
Teams TBD
TBD, AZ

TSN
February 22, 2025
ALL Teams
Phoenix, AZ

ASC Return to Atlantis
(Bid Qualifier)
January 11-12, 2025
Phoenix, AZ

USA
March 22-24, 2025
ALL Teams
Anaheim, CA

VOS Winter Champs
January 25-26, 2025
Teams TBD
TBD, AZ

All Star Worlds
April 2025
Teams TBD (Bids Needed)
Orlando, FL

Athletic Championships
(Bid Qualifier)
January 25-26, 2025
Glendale, AZ

Grand Canyon Champs
April 26, 2025
Teams TBD
TBD, AZ

Spirit Sports
February 2-4
Teams TBD
Palm Springs, CA

The Summit
May 2025
Teams TBD (Bids Needed)
Orlando, FL

TRAVEL

DO NOT BOOK TRAVEL BEFORE THE DATE OF THE LAST PRACTICE

- A) All cheerleaders will not be traveling as a team to competition. This is a rule that has been implemented by the United States All Star Federation (USASF).
- B) Each team member/parent/guardian will be responsible for their own travel to and from all competitions/practices/team events and costs associated.
- C) **There is no flying standby to get to a competition!** Your way home is your choice. You must be back for practice.
- D) Hotel must be booked in a room block supplied by Hawaii All Stars Arizona (if applicable).
- E) Transportation to and from the airport, practice, competition, parks, and meetings will be the responsibility of the parent/guardian.
- F) If the cost for you and your child is too high please talk to other parents who might be willing to chaperone your child or share the cost of a room.
- G) Tardiness will not be tolerated, please arrive 15 minutes early. **IF YOU ARE ON TIME YOU ARE LATE!!!**
- H) Although all team members are on their own, parents/chaperones are advised to still take away phones the night before competition. There should be no phones at the competition.
- I) Please make sure that each cheerleader is well rested and ready for competition.
- J) Makeup and hair must be done before you arrive at the competition.
- K) All cheerleaders are to stay and watch every Hawaii All Stars team compete (AZ & HI). You will be excused by the owner, Kealii Molina and no one else!



PARENT/ATHLETE PROGRAM POLICIES

1. If you need assistance or answers to anything, please contact us via EMAIL.
2. WE RESERVE THE RIGHT TO REFUSE SERVICE TO ANYONE.
3. NO FIREARMS on property.
4. **Withholding your child from practice cannot be used as a form of discipline. This is unfair to the rest of the team.**
5. Do not make assumptions about anything. Always ask Simon or Coach K.
6. Do not contact other gyms to ask questions about Hawaii All Stars Arizona.
7. Attitude is **EVERYTHING**. If an athlete has a bad attitude, we will replace them and put the athlete in an alternate position. Parents attitude can & will affect your athlete's place on a team as well.
8. If you are put on a team and have a 'mental block' or stop throwing your tricks, you will be placed in an alternate position until improvements are made.
9. If an athlete becomes incapable of completing multiple full out or run throughs they will automatically become an alternate or repositioned on a lower level team. THIS IS NON-NEGOTIABLE and the decision of the coaches/owner.
10. Do not call or text the coaches or staff unless it is an *emergency*. ***The staff need to have their personal time away from work.*** Email if you need to set up time to chat.
11. No one is allowed to yell onto the floor or make contact through the doors.
12. The only people allowed on any mat in the gym are the owners, coaches, and cheerleaders.
13. NO SMOKING around any of our entrances or exits.
14. Anyone threatening to quit will be asked to leave immediately. No refund will be given and you will be charged for the remainder of the season.

15. Your opinions regarding practice, routine construction, uniform or how we run the gym do not matter. The owners and coaches will make all decisions.
16. Do not gossip about other teams, parents, other gyms or athletes. Again, if you have questions, ASK, rather than listen to nonsense or engage in irresponsible conduct.
17. Drinking, smoking, drugs and inappropriate behavior during team activities, with your team or when wearing Hawaii All Stars branding is not acceptable and is not allowed. If anyone is found to be participating in any activities of this sort, the entire team will suffer with a conditioning practice. All persons involved could possibly be removed from Hawaii All Stars Arizona indefinitely.
18. **It is the parent's responsibility to stay informed.** Check your email, Band app, and Instagram regularly. If you aren't receiving emails, contact Simon!
19. Do not post negative comments, our routines, or videos on message boards, Facebook, YouTube, or any other website/social media account without permission.
20. Punctuality is a must! Arrive 15 minutes early to all practices and functions.
21. Hawaii All Stars uses conditioning as a tool for success and learning. It helps the athlete understand the values of teamwork. Conditioning helps your athlete become stronger (physically and mentally).
22. If you are late or dressed incorrectly you will have an extra conditioning.
23. Rolling eyes and "oh my gosh" = 100 burpees
24. Practice schedules can and will change. We will add practices during competition season.
25. REMOVE ALL PIERCINGS. This is non-negotiable. This is a safety issue!
26. Apple Watches or other like devices are not allowed to be worn at practices. These are a distraction.
27. LONG, ACRYLIC, POINTY NAILS ARE NOT ALLOWED. Nails are to be kept short.

28. Hair color during competitions should be natural.
29. Bullying of any kind, verbal or physical, will not be tolerated at Hawaii All Stars Arizona. Progressive action will be taken and your athlete, if the culprit, could be removed from the program.
30. Feel free to talk to your coaches about anything. We want to make sure the lines of communication are open. However, there is an appropriate time. Email the gym to make an appointment. When we are in the gym, we are busy running practice.
31. If a parent or anyone is observed speaking negatively about a team, coach, parent, or cheerleader they will be talked to and/or be asked to leave. If this kind of behavior continues to be an issue, the athlete will be removed from the team. We will not tolerate this type of conduct. If a parent verbally assaults or threatens a student, coach or parent, the family will be dismissed from the program.
32. All competitions are MANDATORY to attend. You do not get to decide to not participate.

PARENT INFORMATION

As a parent, you will receive information in several ways, such as monthly updates, via Band and email. Please check the Hawaii All-Stars website, Instagram for last minute updates as well. **The Band App is used as one of our main source of communication!**

- Make sure the primary parent email was listed on your tryout application.
- Make sure you accept bulk emails from iClassPro.
- Check the HI-AZ PARENT FAM BAND regularly.



PARENTAL SUPPORT

Your dedication and support is just as important to us as it is to your child! We encourage all parents to sit together and support all Hawaii teams during competitions and events. Parents are also encouraged to show support by wearing Hawaii All-Star clothing to these events. Showing respect for your coaches, other teams, and hosting organizations is expected, as you are now representing Hawaii All-Stars.

Please remember, parent the child you have. It is not your job to parent any other athlete.



BE A SUPPORTIVE PARENT

AFTER A COMPETITION

mindbodycheer.com

What **NOT** to say

- X Did you win?
- X Why did you do that?
- X You're so much better than XYZ.
- X You're so talented.
- X False praises
- X It doesn't matter.

What to say

- ✓ Did you have fun?
- ✓ What did you learn?
- ✓ What would you do differently next time?
- ✓ Did you try your hardest?
- ✓ I'm proud of you.
- ✓ I love you.

TOP 10 THINGS SPORT COACHES WANT FROM PARENTS

Parents who don't coach from the stands.



Parents who see the team, not just their child.



Parents who get their child to practice and competitions on time.



Parents who refrain from talking bad about athletes and coaches at home.



Parents who focus on the process not end result.



Parents who support progressions.



Parents who respect coaches decisions.



Parents that understand every child is on a different schedule of development.



Parents who fully read gym correspondence.



Parents who recognize it's about supporting their child's goals.



FINANCIAL COMMITMENTS

ANNUAL MEMBERSHIP COSTS

GYM (K&K) INSURANCE: \$45

****Must be paid before taking the floor on the 1st practice****

MANDATORY USASF Membership - You are responsible to sign/re-sign your athlete up as a member to the USASF, an additional \$49 will be charged by USASF. Please see the desk if you need assistance. DUE AUGUST 1ST. The website is www.usasfmembers.net

TUITION

(Includes facility use, team practices & practice bow):

Seniors/Junior/Youth/Mini — \$175++

Tiny - \$87.50++

Sibling Discount - 2nd (and 3rd) child — 50% off tuition

Military/Veteran Discount - 10% with proof (military ID, VA ID, or DD Form 214)

DISCOUNTS ARE NOT COMBINABLE.

All Tuition is due on the 1st of every month. This will appear in your iClassPro portal around the 20th of the prior month. Payment is via our iClass Pro website. We do offer automatic debit - please ask for a form as we need a hard copy of your signature approving this.

FEES

ALL payments are non-refundable. Please keep all copies of receipt emails in the event of a question or discrepancy.

A late fee of \$25.00 will be assessed for all payments made after midnight on the 5th of the month. Parents and/or responsible adults **MUST** sign a mandatory financial contract. Each person signing the contract will be responsible for keeping his/her child's account current.

If you quit or are removed after JUNE 1, 2024 and before MAY 1, 2025 you will be charged in full for the remainder of the tuition for the season.

- Monthly tuition cannot be pro-rated.
- ALL PAYMENTS ARE NON-REFUNDABLE.
- If additional time is needed to make payment, please submit a payment request form. (Payment request form can be found online at hiallstarcheer.com) Contact Simon – we are here to help! Otherwise late fees apply.
- Any unpaid fees/tuition will be turned over to a professional debt collector at the end of the season and the debt placed on your credit report.
- If you have any difficulties accessing or making payments on iClassPro, please notify Simon as soon as possible – please do not bother the coaches. Let the coaches COACH!
- Every athlete must have an iClassPro account prior to practicing AND there must be a valid credit card attached to the account.

PRACTICE WEAR

Everyone will need the following. Please use the order form.

- 1x Black T-shirt w/Red font
- 1x Black T-Shirt w/Yellow font
- 1x Team Color T-Shirt
- 1x Hawaii Sports Bra

EXPENSE PAYMENTS

Any expense above and beyond listed amounts will be added to your iClassPro account prior to its due date. The following expenses can be divided into monthly installments for 6 months and are due on the 1st of every month.

NEW ATHLETES:

\$265 - Action Spirit Camp

\$300 - Competition Fee Deposit (three competitions)

\$300 - Coaches Accommodation, Airfare & Transportation

\$35 - Competition Bow

\$160 - Warm Up Jackets & Pants

\$115 - Black Backpack

\$1175 = \$195.84 for 6 months

RETURNING ATHLETES:

\$265 - Action Spirit Camp

\$300 - Competition Fee Deposit (three competitions)

\$300 - Coaches Accommodation, Airfare & Transportation

\$35 - Competition Bow

\$900 = \$150 for 6 months

TINY ATHLETES:

\$200 - Competition Fee Deposit (four competitions)

\$100 - Coaches Accommodation, Airfare & Transportation

\$35 - Competition Bow

\$160 - Warm Up Jackets & Pants

\$115 - Black Backpack

\$150 - Uniform

\$760 = \$126.67 for 6 months

LIST OF EXPENSES not included in monthly payments:

- Music
- Choreography
- Choreographers Flight, Accommodation & Rental Car
- Final Competition Fees
- Competition Gym Rental & Transportation (if applicable)
- Worlds Expenses - if the team make it.
- Choreography Upgrades & Expenses Associated.
- B Cleans & Expenses Associated.

LIST OF KNOWN UNIFORM COSTS

\$494 – Level 2+ (Female)
\$55 - Liner for Level 2 Youth/Juniors
\$416 – Level 2+ (Male)
\$150 - Level 1

RETURNING ATHLETES, IF YOU NEED NEW TOP OR SHORTS PLEASE EMAIL SO WE CAN ADVISE THE COST.

UNIFORM MUST BE PAID IN FULL BY SEPTEMBER 1st, 2024

LIST OF ADDITIONAL COSTS:

- Athlete/Parent Flight, Gas & Accommodation Costs
- Practice / Competition Shoes (please order these yourselves – Nfinity Evolutions is what the athletes use – FREE shipping with Amazon Prime!)
- Additional Sports Bra and Black Spanx (Optional)

ACTION SPIRIT CAMP

CAMP IS MANDATORY

Camp Dates - August 10-11th, 2024

Location: The Gym

Time: 8:30am - 4:00pm

CHOREOGRAPHY

CHOREOGRAPHY IS MANDATORY

HIGHEST LEVEL TEAM (Ray Jasper) - AUGUST 23-25

NEXT HIGHEST TEAM (Brendan Mathews) - SEPTEMBER 7-9

ALL OTHER TEAMS (Brooklyn Freitag) - SEPTEMBER TBD

If you miss choreography you will lose your spot on the team and be replaced by someone else who will be there to learn the choreography. Choreography is \$3500 per team and will be divided between the athletes. We are fundraising for this.

ICLASS PRO ACCOUNTS

<https://app.iclasspro.com/portal/hawaiiiaz>

Please create an account on both web sites and fill out all the information. Press **Save** and you are done. Standby for an enrollment email. **DO NOTHING.** We will enroll your cheerleader to their assigned team.

NON PROFIT

The Hawaii All-Stars Rainbow Fund is a non-profit organization under the umbrella of the Amateur Athletic Union. Our 501(c)(3) number is 83-2660889. Contributions are tax deductible to the extent allowed by law.

Please note that we accept Raytheon matches, however these can take up to 2 months from donation to show up on the report to update your account.

SPONSOR T-SHIRTS

We will be offering ad space on the back of our promotional/travel shirt for donations to the Hawaii All Stars Rainbow Fund to cover expenses. These shirts are worn while traveling, competing, and at all of our special events. Many of the teams have covered the majority of their costs with this, some covered their whole season!

Paperwork will be emailed to you and available on BAND.

Final date to accept sponsors to make the back of the t-shirt is July 1st. You can still hustle after this date. Any additional sponsors will be added to the website only.

\$25 will be deducted from your sponsors for each athlete's t-shirt. If you do not bring in sponsors you will be charged the \$25 for the t-shirt. We do not take any administrative fees as want you to have as much help as possible.

There will be a list updated online so businesses are hopefully not approached more than once.

FUNDRAISING

Hawaii All-Stars will be running OPTIONAL fundraisers in the beginning of the season. Hawaii All-Stars will not float the cost, this will be due when you commit to selling. No money = no fundraiser. PAYMENT VIA iCLASSPRO (2.9% + \$0.50 processing fee – NO AMEX)

Hawaii All-Stars reserves all rights to hold emergency gym fundraisers if needed with mandatory participation or buy out from ALL athletes.

Personal Fundraising is allowed...HOWEVER, you will NOT be allowed to use the Hawaii All-Stars name or wear our brand. YOU MUST INFORM THE DESK AND SUBMIT A FUNDRAISING REQUEST FORM FOR APPROVAL PRIOR!

Fundraising for personal expenses in Hawaii All-Stars name will not be tolerated. If you are found using Hawaii All-Stars name to fill your personal bank accounts your child will be removed from the team no questions asked.

*****All fundraisers whether or not you are using Hawaii All-Stars name must be cleared through Kealii Molina via a Fundraising Request Form.*****

All profit MUST be used to pay for cheerleading expenses.

ANY PARENT FOUND STEALING OR TAKING MONEY FROM GROUP FUNDRAISING PROFITS WILL BE IMMEDIATELY REMOVED FROM HAWAII ALL-STARS.

ANY MISUSE OF FUNDRAISING PROFITS WILL RESULT IN NOT BEING ABLE TO PARTICIPATE IN ANY OPTIONAL FUNDRAISERS FOR THE REMAINDER OF THE SEASON.